

Tapena

GRAB A FORK



White Bean Tomato Dip

Makes about 2 cups of dip

Ingredients

- 1 - 14 ounce can Northern White Beans, rinsed and drained
- 1/3 cup vegetable broth
- 1 clove garlic minced
- 1/4 cup sliced sun-dried tomatoes
- 3 Tbsp virgin olive oil
- 1 tsp minced parsley

Directions

Heat the broth in the microwave until almost boiling, about 1 minute.

Put garlic and dried tomatoes into the hot broth to cook the garlic and reconstitute the tomatoes.

Put all ingredients together into a food processor and blend until smooth.

Serve with grilled bread, sliced vegetables, or bread sticks.